

# The BLESS Approach

**What is BLESS?** BLESS is an acronym for five life patterns that Jesus and his early disciples constantly modelled. BLESS defines a good neighbor and friend. We see BLESS as every disciple's approach to influencing people far from God with the love of Jesus Christ.

## Begin with Prayer

- Praying regularly for the same heart and love for people that Jesus has.
- Praying regularly for people far from God in your spheres of influence (FRANC). (Matthew 9:36-38; Acts 26:29; Romans 10:1; Colossians 4:2-4)

## Listen with Care

- Entering spiritual conversations by asking questions, listening and formulating Jesus honoring responses. (John 4:10-26; Acts 8:26-40; Colossians 4:5-6)

## Eat Together

- Sharing meals with people who don't yet know Christ personally (Matthew 9:9-13; Luke 11:37; Luke 19:1-10)

## Serve with Love

- Serving people and inviting them to help you in different ways. (Mark 10:45; John 4:7; Romans 15:1-3)

## Share Your Story and God's Story

- Sharing your salvation story in relevant ways. Speaking openly about your relationship with Christ and sharing how He is influencing your life. (Mark 5:19-20; John 4:28, 39-41; John 9:25; Acts 26:1-23)
- Sharing a simple Gospel illustration clearly and inviting people to trust and follow Jesus Christ. (Acts 2:36-41; Romans 10:8-11; 1 Corinthians 15:1-11)

# BLESS Plan

Rate My Outreach Temperature (1-10): \_\_\_\_\_



1                    2                    3                    4                    5                    6                    7                    8                    9                    10

**Apathy**

- \*Unaware*
- \*Disobedient*
- \*Hostility*

**Growing Passion**

- \*Love for God & People*
- \*Desire & Prayer*
- \*Building Relationships*

**Growing Practice**

- \*Learning Methods*
- \*Trying & Improving*
- \*Spiritual Dialog*

**Growing Influence**

- \*God Uses Me*
- \*People Believe in Christ*
- \*High Influence*

**FRANC - People far from God in my spheres of influence I pray for regularly:**

Friends \_\_\_\_\_

Relatives \_\_\_\_\_

Acquaintances \_\_\_\_\_

Neighbors \_\_\_\_\_

Co-workers \_\_\_\_\_

BLESS	How I plan to BLESS others and raise my outreach temperature	Deadline
<b>B</b> egin to Pray  <b>L</b> isten  <b>E</b> at  <b>S</b> erve  <b>S</b> hare		